

Harrison County Senior Center

Socialize - Exercise - Energize

500 W. Main Street, Clarksburg, WV 26301 - 304.623.6795 - <http://www.hcscwv.org>



JUNE 2019



**See Page 5 for Information on
Running for a Board Position**

Candidate applications due by
4:00 PM on THURSDAY, AUGUST 15, 2019

Elections will be held during the month of
October 2019



Senior Olympics June 11-14, 2019

Wishing our Senior Olympic Participants Good Luck. Bring Home the Gold!!!!

GO TEAM GO!

Cliff Marshall, Margaret Davis, Virginia Harding, David Franklin, & Fran Lopez

**Tax/Assessor's Mobile Visit Schedule on page 6
Farmer's Market Produce Voucher Program Information on Page 12
Pictures from May Events on Pages 2 and 10**

KINLEY CAFÉ MENU 11:30 am - 1:00 pm

Tickets Available at Front Desk

\$5.50 Members \$6.50 Non Members

STOP BY FRONT DESK OR CALL 304.623.6795 TO PUT YOUR NAME ON THE LUNCH LIST

Meals are prepared based on reservation numbers. Menu subject to change.

You must make a reservation by 9:30 am to reserve a lunch for that day.

Day before reservations are preferred.

Day	Date	Menu
MON	6/3	Beef Tips over Noodles, Vegetable
TUE	6/4	Penne Pasta, Chicken & Vegetables
WED	6/5	Chicken & Dumplings, Carrots, Biscuit
THU	6/6	Breaded Pork Loin, Mashed Potatoes w/Gravy, Dressing
FRI	6/7	Cooks Choice
MON	6/10	Fried Chicken, Scalloped Potatoes, Vegetable
TUE	6/11	Meatloaf, Mashed Potatoes w/Gravy, Vegetable
WED	6/12	Roasted Pepper & Soup w/Pasta
THU	6/13	Taco Salad, Nachos & Cheese Sauce
FRI	6/14	Hamburgers, French Fries, Macaroni Salad
MON	6/17	Ham & Bean Soup, Fried Potatoes, Greens, Cornbread
TUE	6/18	Spaghetti w/Meat Sauce, Garlic Bread
WED	6/19	Grilled Chicken Sandwich, Tator Tots
THU	6/20	Homemade Beef Stew w/Biscuit
FRI	6/21	Barbecue Patty, Baked Potato, Vegetable
MON	6/24	Reuben Sandwich, Onion Rings
TUE	6/25	Liver & Onions or Salisbury Steak, Mashed Potatoes w/Gravy, Green Beans
WED	6/26	Homemade Pizza, Chips
THU	6/27	Baked Potato Bar, Chili Soup
FRI	6/28	Fish, French Fries, Cole Slaw
MON	7/1	Hot Dogs w/Chili, French Fries, Cole Slaw
TUE	7/2	Chicken Parmesan, Pasta, Vegetable
WED	7/3	Broccoli Soup, Ham Salad Sandwich, Chips
THU	7/4	CENTER CLOSED - Independence Day
FRI	7/5	Cooks Choice



**Food Show Dinner
May 7. Lora won a
wheeled cooler full
of prizes.**



**Garage
Sale
&
Hot Dog
Sale**



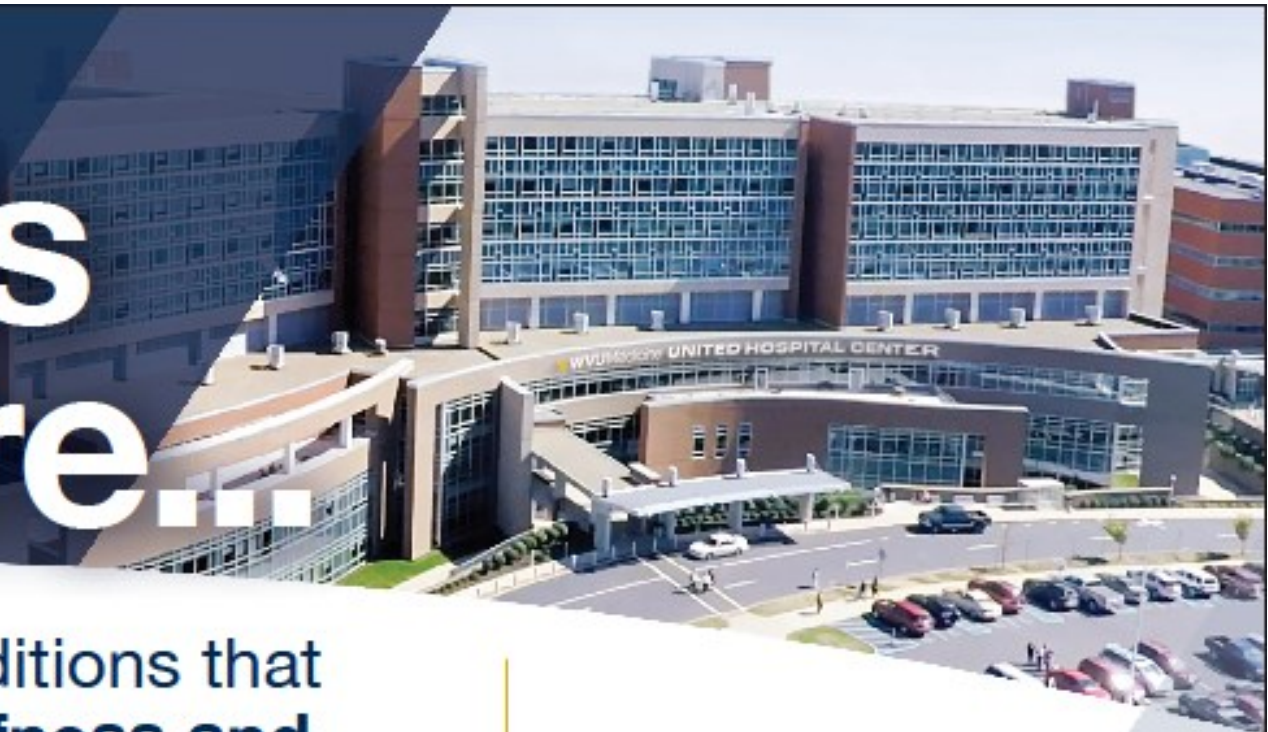
**Member Breakfast a la carte bar
from 8:15am - 9:45am**



**Older Americans Month
Spring Luncheon**



This Is Where...



We Manage Conditions that Lead to **Pain, Stiffness and Swelling of the Muscles, Joints, and Skin**

UHC Rheumatology Specialists deliver state-of-the-art care to patients with inflammatory musculoskeletal disorders. Management involves the latest and most advanced therapeutic modalities to enhance the care of the patient.

- Rheumatoid Arthritis
- Gout
- Lupus
- Osteoarthritis
- Scleroderma
- Spondylitis
- Vasculitis



King Soon Goh, MD



Aaradhana Kaul, MD

 **WVU**Medicine

UNITED HOSPITAL CENTER 

Bridgeport, WV | We're Part of Something Great | uhcwv.org

wvrheumatology.com | (681)342-3490

HCSC BOARD ACTIONS



No Board Meeting in May

Next Board Meeting:
June 27, 2019, 9:00 AM in the Boardroom

See Page 10 for Committee Meeting Schedule



2019 HCSC Board of Directors OFFICERS

President - William O'Field

Vice President - E. Ryan Kennedy

Secretary - Sandra Mossor

Treasurer - Joyce Rabanal

BOARD MEMBERS

Janet Dotson, Sharon Hamilton, Linda Holyfield, Harley Jeffries, Lowell "L. J." Maxey
William Phillips, Chad Sigmon, Donna Stuart, and Ron Watson

Executive Director - Beth Fitzgerald (*Ex-Officio*)

Remaining 2019 Board Meetings: June 27, July 25, August 22, October 24 & November 21

2019 SATELLITE INFORMATION - Remaining 2019 Meetings: July 25 & October 24

SATELLITE	PRESIDENT'S INFO	MEETING INFO
BRIDGEPORT	Willa Brand 304.842.6696	3rd Monday of Month • 10:30 AM • Benedum Center
EAST VIEW	Donna Dolan 304.622.1530	1st Friday of Month • 12:00 PM • Community Center <i>Bingo only on other Fridays at 1 pm</i>
JOHNSTOWN	Cheryl Fogg 304.623.0210	2nd Wednesday of Month • 10:00 AM • Community Center
LOST CREEK	Linda Coffman 304.745.4983	1st Wednesday of Month • 10:00 AM • Community Center <i>Ceramics & Cards on other Wednesdays</i>
LUMBERPORT	Sherry Exline 304.584.4642	2nd Friday of Month • 11:00 AM • United Methodist Church
MARSHVILLE	Ruth Randolph 304.783.4469	4th Tuesday of Month • 10:30 AM • HCSC Ceramics Room/Café
MT CLARE	Jean Travis 304.838.2776	3rd Tuesday of Month • 11:00 AM • Mt Clare Fire Department
SARDIS	Frances Allen 304.783.5253	1st Thursday of Month • 10:30 AM • Community Center
SHINNSTON	Janet Dotson 304.592.0912	Every Friday • 10:30 AM • American Legion Building
SPELTER	Sharon Hamilton 304.624.6251	3rd Thursday of Month • 12 Noon • Fire Dept. Community Room
WALLACE	Linda Conant 304.796.4658	2nd Thursday of Month • 10:00 AM • United Methodist Church
WEST MILFORD/ GOOD HOPE	Richard Himes 304.745.5191	1st and 3rd Tuesdays of Month • 10:30 AM • Community Center

RUN FOR YOUR BOARD

Board of Directors Election for the 1/1/2020-12/31/2021 Term (2 years)

The HCSCC Board of Directors will be holding an election for two positions on the Board during October 2019. All members who are in good standing and have been a member of HCSCC, which includes Satellites, for at least one year are eligible to run as a candidate for the Board of Director's Membership Representative Seat.

As stipulated in the HCSCC bylaws, each applicant is required to complete an essay of 150 words or less, stating why he or she would like to be elected as a HCSCC Board of Director's Representative. All candidates will have their picture taken at the HCSCC office to accompany their application.

All applications must be returned to the Center by 4:00 p.m. on Thursday, August 15, 2019. Applications will be opened and reviewed prior to the August Board meeting.

The Executive Committee will review and approve all eligible applications. A list of eligible candidates will be prepared and presented to the Board of Directors at the Thursday, August 22, 2019 regular meeting for final approval and publication. The President of the Board of Directors will notify each eligible candidate of application approval within 48 to 72 hours of the August 22, Board meeting.

Candidate names will appear in alphabetical order on the ballot. All qualified nominations will be published in the September and October 2019 newsletters and on the website.

Any candidate may withdraw his or her name up to 48 hours prior to the election by notifying the President of the Board of Directors in writing of his or her request to withdraw from the HCSCC election process.

A copy of the application is available at the front desk or on our website at: <http://hcscwv.org>



FOLLOW US ON
facebook




DISCLAIMER: Any political, product, or service advertisements contained in this newsletter does not represent an endorsement by the Harrison County Senior Center.



ASSESSOR & TAX OFFICE INFORMATION (July/August)

The Harrison County Assessor's Office (Rocky Romano) and the Harrison County Sherriff's Tax Office (Robert Matheny) will be at the locations and dates listed to the right to accept payment of taxes, assistance with Individual Personal Property Assessments, Business Assessments, WV State Farm Census and New Homestead/Disability Exemption Applications.

 Please bring your 2019 Tax Statement if you are wanting to pay your taxes.

Date	Time	Satellite/Place
7/15	9:30-2:00	Bridgeport Benedum Civic Center
7/19	9:30-2:00	Shinnston American Legion
7/23	9:30-2:00	Marshville @ Harr. Co. Senior Ctr. Cafe
7/24	9:30-2:00	United Hospital Center
7/25	3:00-7:00	United Hospital Center
7/30	9:30-2:00	Summit Park Fire Department
8/2	9:30-2:00	East View Community Center
8/6	9:30-2:00	West Milford Community Building
8/7	9:30-2:00	Lost Creek Community Building
8/9	9:30-2:00	Lumberport United Methodist Church
8/13	9:30-2:00	Salem City Building
8/15	9:30-2:00	Spelter Fire Department

SAFER DRIVING CAN SAVE YOU MONEY

The AARP Smart Driver™ Classroom Course could save money on your car insurance!



- ⇒ Refresh your driving skills and knowledge of the rules of the road.
- ⇒ Learn techniques for handling left turns, right-of-way and roundabouts.
- ⇒ Discover proven driving methods to help keep you and your loved ones safe on the road.

CALL Instructor Lowell "BOB" Steele at (304) 216-1726 IF INTERESTED
A full course or refresher course is being considered depending on interest.



Alzheimer's Support Group

The West Virginia Chapter of the Alzheimer's Association offers a support group at the Center on the **second Thursday** of each month at 10:30 a.m. in the board room. The meetings are led by trained facilitators for care givers and persons with dementia affected by Alzheimer's. Participation in the group provides emotional support and encouragement to help cope with the disease. Meetings are free and open to all members.

SAVE THE DATE: Sunday, September 29, 2019, Walk to End Alzheimer's at the Meadowbrook Mall.



HCSC will, once again, have a team for the Walk to End Alzheimer's. This year the event will be at the Meadowbrook Mall, Bridgeport, WV. The Route Length is Two Miles.

Registration at 1p, Ceremony at 1:50p, Walk at 2p.

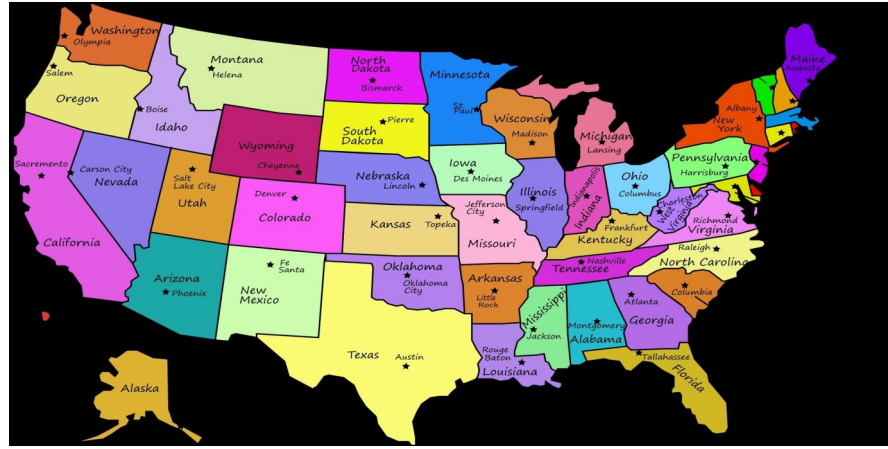
Please see Bill O'Field or leave your name at the front desk if you are interested in joining the team to walk and/or donate money to help us reach our goal.

**ADVERTISE
WITH US!**

If you have questions about the newsletter or would like to purchase advertising space, please contact Beth Fitzgerald, Exec. Dir., or William O'Field, Board President, at 304.623.6795 or by email at newsletter@hcscwv.org

USA State Capitals

Find and circle all of
the state capitals.
The remaining letters
spell a quote by
Theodore Roosevelt.



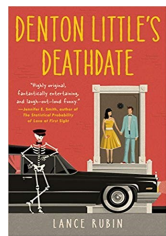
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ALBANY (New York)
 ANNAPOLIS (Maryland)
 ATLANTA (Georgia)
 AUGUSTA (Maine)
 AUSTIN (Texas)
 BATON ROUGE (Louisiana)
 BISMARCK (North Dakota)
 BOISE (Idaho)
 BOSTON (Massachusetts)
 CARSON CITY (Nevada)
 CHARLESTON (West Virginia)
 CHEYENNE (Wyoming)
 COLUMBIA (South Carolina)
 COLUMBUS (Ohio)
 CONCORD (New Hampshire)
 DENVER (Colorado)
 DES MOINES (Iowa)
 DOVER (Delaware)
 FRANKFORT (Kentucky)
 HARRISBURG (Pennsylvania)
 HARTFORD (Connecticut)
 HELENA (Montana)
 HONOLULU (Hawaii)
 INDIANAPOLIS (Indiana)
 JACKSON (Mississippi)
 JEFFERSON CITY (Missouri)
 JUNEAU (Alaska)
 LANSING (Michigan)
 LINCOLN (Nebraska)
 LITTLE ROCK (Arkansas)
 MADISON (Wisconsin)
 MONTGOMERY (Alabama)
 MONTPELIER (Vermont)
 NASHVILLE (Tennessee)
 OKLAHOMA CITY (Oklahoma)
 OLYMPIA (Washington)
 PHOENIX (Arizona)
 PIERRE (South Dakota)
 PROVIDENCE (Rhode Island)
 RALEIGH (North Carolina)
 RICHMOND (Virginia)
 SACRAMENTO (California)
 SALEM (Oregon)
 SALT LAKE CITY (Utah)
 SANTA FE (New Mexico)
 SPRINGFIELD (Illinois)
 ST. PAUL (Minnesota)
 TALLAHASSEE (Florida)
 TOPEKA (Kansas)
 TRENTON (New Jersey)

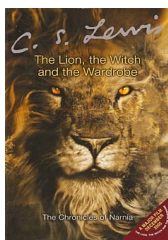
HCSC BOARD REMAINING 2019 COMMITTEE MEETING SCHEDULE

- ⇒ **Finance Committee:** June 27, August 22, & October 24 @ 8:30 AM (Prior to Regular Board Meeting)
- ⇒ **Health Committee:** June 19, August 21, & October 16 @ 2:00 PM
- ⇒ **Marketing Committee:** June 4, August 6, & November 5 @ 10:00 AM
- ⇒ **Nutrition Committee:** June 24, August 26, & October 21 @ 2:00 PM
- ⇒ **Executive Committee:** *Meets as needed*

ALL MEETINGS ARE HELD IN THE BOARD ROOM (Unless Otherwise Posted)
AND ARE OPEN TO THE PUBLIC



HCSC BOOK CLUB
Now Reading
Denton Little's Deathdate
&
The Lion, The Witch, And the Wardrobe
Next Meeting Wednesday, June 5, 2019
at 12:45 PM in the Boardroom



SENIORS ON THE GO TRAVEL CLUB
FOR RESERVATIONS OR MORE INFORMATION CONTACT
DELORES LOYD 304.624.0773 Restricted to Ages 40+

October 12-14, 2019 - Washington, DC
2 nights, 2 dinners, & 2 breakfasts, Guided tour
\$360 per person includes ins. & gratuity



November 15, 2019 - Wheeling Lights
Shopping, Tour of Lights, Dinner on your own
\$44 per person (tip included) - Depart 12 noon

REGIONAL WV SHIP COUNSELOR * ERNESTINE POST Medicare Information, Assistance & Counseling

Phone: 304.765.4091 email: epbccsc@frontier.com



Ernestine Post, from Braxton County Senior Center,
is available by phone or on visit days:

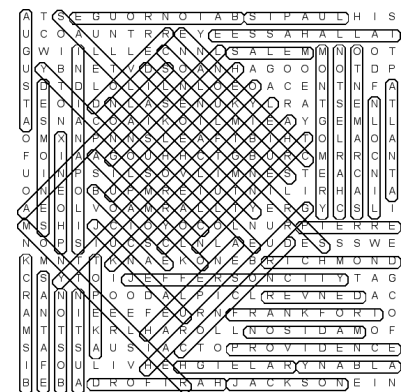
Time: 9:30 am - 2:30 pm
Monday, June 10, 2019 &
Monday, June 24, 2019

HIDDEN MESSAGE:

THIS COUNTRY
WILL NOT BE A
GOOD PLACE FOR
ANY OF US TO
LIVE IN UNLESS WE
MAKE IT A GOOD
PLACE FOR ALL OF
US TO LIVE IN

PUZZLE SOLUTION

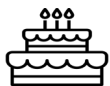
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SENIOR NUTRITION MISSION PROGRAM A program for Harrison County seniors age 60 or older with income at or below 130% of the federal poverty level. For a one person household this would be \$1354 a month or less, and for a two person household this would be \$1832 or less. Call for more information on larger household sizes. A monthly food box includes cans of fruits & vegetables, shelf stable milk, juice, cereal, cans of meat, peanut butter, pasta, & block of cheese. **For more information on this program and how to sign up, please contact Barbara Oldaker or volunteer Debbie Glaspell at 304.623.6795 Ext. 105.**



The Harrison County Senior Center is funded by the Older Americans Act - Title III, WV Bureau of Senior Services, WV Division of Public Transit, Harrison County Levy Funds, City of Clarksburg, In-Home Services funds and by individual and corporate donations.



MEMBER JUNE BIRTHDAYS



Day	Name	Day	Name	Day	Name	Day	Name
1	James Golden	10	Fred Shannon	17	Carol Koslak	25	Helen C Turnell
1	Beverly Moore	10	Andy McMunn	18	Rickey Herrod	25	Mary Short
1	Richard Murray	10	Shirley Elbon	18	Roger Gorby	25	Ray Smith
1	Agnes J Coffindaffer	11	Bill Foster	18	Cindy Fazzini	25	Irene Loar
2	Barbara A Lamm	11	Patricia N Latstetter	19	Debbie Johnson	26	Yvonne Seders
3	Peggy A Minear	11	Chuck Shelhammer	19	Lynn Newhouse	26	David C Weber
3	Nancy Audia	11	Diana Sue Shinn	19	Michael L Evans	26	Bud Wetzel
3	Faye Palmer	11	Joyce Jenkins	19	Delores J Loyd	26	Joyce Ann Belcastro Miker
3	Bud Vernon	11	Harley Darel Knight	19	Richard N Kesling	26	Carrol A Jacques
3	Patsy Tucker	12	Kenneth Schroeder	20	Donita Gragg	26	Patricia Murphy
4	Sarah Williams	12	Twila A Kirkpatrick	20	Jane Bryant	26	Jill Vernon
4	John K Beverly	12	Roger R Oldaker	20	Janice Brackenrich	26	Robert Westfall
5	Allen Hall	12	Sharon Broadwater	20	Kitty Gaston	27	Wayne C Smith
5	Sandie Mano	13	James F Hyatt	20	Charlotte Ross	27	Billie Sue Simmons
5	Shelia Ancell	13	Barbra Butcher	21	Carol Millirons	27	Estella Farnsworth
6	Julie A Cobb	13	Donald Gordon	21	Delores A Riddle	27	David W Edgell
6	Clarence R Eagle	13	Ronald L Gonzalez	21	Larry R Fleming	28	Folly Basile
6	Jean Ray	13	Babe Medina Jr	22	Charlene Carpenter	28	Steven Scott Johnson
6	Doyle Cowger	13	Martha Stull	23	Sam Isabella Jr	28	Robert D Harrison
6	Shirley Greaver	14	Pauline Stevens	23	Ruth Ann Jeffries	29	Paula Price
6	Loretta Lynch	14	Thressa Butler	23	Bud Morgan	29	Rodney T Kickel
7	Beverly Ann Lantz	15	Deloris Clayton	23	Robert A Reckenbeil	29	Viola Brown
7	Billie J Lewis	16	Marilyn R Blake	23	Lewis Winland	29	Sharon Hamilton
7	John McCloud	16	Michelene Sheppard	23	Janet Tate	30	Mary J Musgrave
7	Linda Wilfong	16	Joann L Davis	23	Alma Sue Rowe	30	Steve Phillips
7	Liz Myers	17	Shirley H Masto	23	Ronnie L Seckman	30	Cecelia Cecil
8	Nancy C Peck	17	Michael Lambiotte	23	Donald R Gaines	30	W Navonda Hayhurst
8	David E Pigott	17	Willis G Kennedy	23	Nancy Loretta	30	Linda Strogon
8	Betty L Hagi	17	June Barker	24	Connie J Moore		
9	Betty Moran			24	Paula I Harrison		

MEMBER MAY BIRTHDAYS WE MISSED In Last Newsletter

Day	Name	Day	Name	Day	Name	Day	Name
1	Ethel Painter	10	Debby Johnston	16	Elaine S Dixon	21	Helen E Hamilton
1	Connie Sue Ward	11	Thomas C Greaver	17	Mary Louise Ballard	21	Anna M Kudla
2	Mary Hutson	11	Fred Hamilton	17	John Hawkinberry	21	Kathy Lewis
3	Tom Cooper	12	Connie Arbogast	17	Albert J Johnson	21	Sarah L Reymond
3	Donna Post	12	Terri Donaldson	17	Kim Orsborn	23	Jill C Heldreth
4	Ruby Oldaker	12	Richard Laughlin	18	Albert Loar	23	Patsy J Oliverio
4	Earlene Silva	14	Cleo Cross	19	Clifford W Marshall	24	Lewis Dosier
5	Mary Miller	14	James O Elder	20	John F Barberio	24	Robert F McCann
7	Thomas A Bedell	14	Roberta Gragg	20	Donald Friend	24	Millie A Merchant
7	Pam Matthey	14	Mae Rakestraw	20	Ginny Gould	25	John Carpenter
7	Veronica Nicholas	14	Brenda Reitler	20	David B Hamrick	25	Terese Cork
7	Libby Summers	15	Virginia Clem	20	Nancy Jane Scardina	25	Margaret Davis
9	Helen Cole	15	Toney R Perry	20	Mary A Tinney	26	Sidney Jett
9	Mae Hardman	16	Shirley Corder	21	Everett Cork	26	Rosemary Lanham
9	Betty J Oliverio					31	Bob Hixon
						31	Patrick McCann





Seniors on the Go Travel Club
APRIL 30, 2019



Seniors On The Go Trip in May



Caregiver Training Day
On Alzheimer's



Lost Creek Satellite 50th
Anniversary Celebration



Meet the Candidates Night for
City Council and Water Board



REOCCURRING WEEKLY ACTIVITIES	DAY(S) OF OCCURENCE				
	MON	TUE	WED	THU	FRI
Fitness Room 8A – 4P	X	X	X	X	X
Toning Exercise 9A - 10A		X		X	
Daytime Ceramics 8:30A – 3:30P	X			X	
Evening Ceramics 4P – 8P			X		
Tai Chi 10A – 11A		X		X	
Tai Chi Advanced 11A – 12P				X	
Exercise 10:30A – 11:30A	X				X
Healthy Steps Exercise 10:30A – 11:30A			X		
Bingo Fun Club 12:30P – 3P		X			
Bingo Coverall after Lunch 3/\$1 12:15P					X
Duplicate Bridge 1P – 3P	X				
Card & Board Games 12:30P – 4P				X	
Bolivia Card Game 9A-3P					X
Zumba Gold 1P – 1:30P	X		X		
Line Dancing 3P – 5P	X				



Monday, June 3, 2019

Sewing Group 9:00am

Tuesday, June 4, 2019

Marketing Committee Meeting 10:00am

West Milford/Good Hope Satellite Meeting 10:30am

Wednesday, June 5, 2019

Lost Creek Satellite Meeting 10:00am

HCSC Book Club 12:45p

Thursday, June 6, 2019

Sardis Satellite Meeting 10:30am

Friday, June 7, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Meeting 12:00pm

Monday, June 10, 2019

SHIP Counselor (Medicare, Ins.) 9:30am-2:30pm

Travel Club 1:00pm

Tuesday, June 11, 2019

Wednesday, June 12, 2019

Johnstown Satellite Meeting 10:00am

Lost Creek Satellite Ceramics and Cards 10:00am

Thursday, June 13, 2019

Wallace Satellite Meeting 10:00am

Alzheimer's Support Meeting 10:30am

No Tai Chi Advance Class this date

Librarian 11:30am

Friday, June 14, 2019

Shinnston Satellite Meeting 10:30am

Lumberport Satellite Meeting 11:00am

East View Satellite Bingo 1:00pm

Monday, June 17, 2019

Bridgeport Satellite Meeting 10:30am

Tuesday, June 18, 2019

West Milford/Good Hope Satellite Meeting 10:30am

Mt. Clare Satellite Meeting 11:00am

Stonewall Jackson Coin Club 5:30pm



Wednesday June 19, 2019

Title V Training in Ballroom

Lost Creek Satellite Ceramics and Cards 10:00am

Health Committee Meeting 2:00pm

Thursday, June 20, 2019

Sewing Group 9:00am

Spelter Satellite Meeting 12:00pm

Friday, June 21, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Bingo 1:00pm

Monday, June 24, 2019

SHIP Counselor (Medicare, Ins.) 9:30am-2:30pm

Nutrition Committee Meeting 2:00pm

Tuesday, June 25, 2019

Marshville Satellite Meeting 10:30am

Wednesday, June 26, 2019

Lost Creek Satellite Ceramics and Cards 10:00am

Thursday, June 27, 2019

Finance Committee 8:30am

HCSC Board Meeting 9:00am

Librarian 11:30am

Friday, June 28, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Bingo 1:00pm

Monday, July 1, 2019

Sewing Group 9:00am

Tuesday, July 2, 2019

West Milford/Good Hope Satellite Mtg 10:30am

Wednesday, July 3, 2019

Lost Creek Satellite Meeting 10:30am

THURSDAY JULY 4, 2019

Center Closed - Independence Day

Friday, July 5, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Meeting 12:00pm

Healthy Steps &
Zumba in Café
June 19



Come to the Valley



We are a 55+ community with monthly potluck dinners, weekly bingo, and resident driven activities.

Interact with friendly people in a caring, quiet, community environment.

HARMONY VALLEY RETIREMENT COMMUNITY

14 Gawthrop Lane, Clarksburg, WV 26301

Off Sun Valley Rd. - 3 mi. from Major Shopping Areas

No Elevators

Direct Access to your Affordable, Handicapped-Accessible Apartment

1 Bedroom (\$800/mo.) & 2 Bedroom (\$900/mo.)
non-smoking apartments

Monthly Rent *INCLUDES* Utilities and Basic Plus Cable

**Call Perry McAtee at 304.677.6800 for an
Appointment to View our Lovely Apartments**



Senior Farmers' Market Nutrition Program

We do not expect distribution of voucher booklets to begin until late June.

Distribution is slightly delayed this year. We expect to receive booklets sometime during the first half of June but a distribution date to the center was not available at time of publication. If you are a Senior Nutrition Food Box recipient at our center, or if you have caregiver services from our center, you will be contacted by staff.

2019 Income Guidelines - GROSS INCOME before taxes

To be eligible to receive Senior Farmers' Market nutrition Program coupons, your income may not exceed:

Household Size	Weekly	Bi-Weekly	Twice-Monthly	Monthly	Annual
1	\$445	\$889	\$963	\$1,926	\$23,107
2	\$602	\$1,204	\$1,304	\$2,607	\$31,284
3	\$759	\$1,518	\$1,645	\$3,289	\$39,461
4	\$917	\$1,833	\$1,985	\$3,970	\$47,638

Must be at least 60 years of age. Once voucher booklet per household per year.

The West Virginia Department of Agriculture's Senior Farmers' Market Nutrition Program is designed to assist senior citizens with the purchase of fresh fruits and vegetables grown in West Virginia during the summer months. Vouchers can be used at participating markets around the state. A listing of those markets will be given out when eligible participants sign up. Only those fruits and vegetables that can be grown in West Virginia, and West Virginia honey, are eligible for purchase with the vouchers.

The Harrison County Senior Citizen's Center, Inc. operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. To find out more about our nondiscrimination obligations or to file a complaint, please contact us at 304.623.6795.