



Harrison County Senior Center

Socialize - Exercise - Energize

500 W. Main Street, Clarksburg, WV 26301 - 304.623.6795 - <http://www.hcscwv.org>



APRIL 2019



Stonewall Jackson Coin Club Coin Show
SUNDAY, APRIL 28, 2019 10AM—3PM
See Page 5 for more information

HCSC Hot Dog Lunch Fundraiser in Café 11am-2pm



2019 Older Americans Month Spring Luncheon \$10 Fundraiser

Thursday, May 9, 2019 * Ballroom Doors Open at 10:30 am



- * **Baked Steak, Mashed Potatoes w/Gravy, Green Beans, Salad, Roll and Dessert**
- * **Door Prizes, 50/50, Bolivia Bloom Raffle, Tips, and Specialty Vendors**
- * **Free Bingo for Prizes after the Luncheon**

See Page 6 for More Information

WV Bureau of Senior Services Call for Nominations
Connect, Create Contribute Aging Well Awards
Nomination form available at HCSC Front Desk or
bureau website: www.wvseniorservices.gov



CONNECT, CREATE, CONTRIBUTE



MAY Senior Conference and JUNE Senior Olympics

Information on page 7



KINLEY CAFÉ MENU 11:30 am - 1:00 pm

Tickets Available at Front Desk

\$5.50 Members \$6.50 Non Members

STOP BY FRONT DESK OR CALL 304.623.6795 TO PUT YOUR NAME ON THE LUNCH LIST

Meals are prepared based on reservation numbers. Menu subject to change.

You must make a reservation by 9:30 am to reserve a lunch for that day.

Day before reservations are preferred.

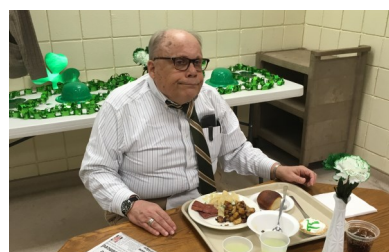
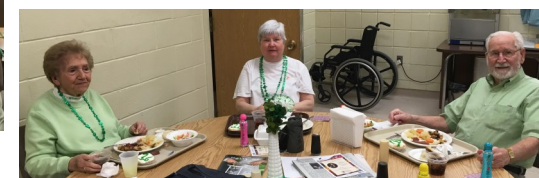
MON 4/1 Hot Dogs w/Chili, French Fries, Cole Slaw
TUE 4/2 Baked Chicken, Scalloped Potatoes, Mixed Vegetables
WED 4/3 Open Faced Turkey Sandwich, Mashed Potatoes & Gravy, Vegetable
THU 4/4 Taco Salad, Nachos & Cheese Sauce
FRI 4/5 Fish Sandwich, Fries, Cole Slaw

MON 4/8 Open Face Roast Beef Sandwich, Mashed Potatoes & Gravy, Green Beans
TUE 4/9 Meatloaf, Mashed Potatoes w/Gravy, Vegetables
WED 4/10 Grilled Chicken Sandwich w/Tator Tots
THU 4/11 Spaghetti w/Meat Sauce, Italian Bread
FRI 4/12 Fish, Baked Potatoes, Vegetables

MON 4/15 Potato Chip Breaded Chicken Sandwich, Chips
TUE 4/16 Pork Cutlet, Dressing, Mashed Potatoes w/Gravy, Vegetable
WED 4/17 Hamburger, Onion Rings
THU 4/18 Baked Ham, Scalloped Potatoes, Carrots
FRI 4/19 Fish, Roasted Garlic Red Potatoes, Cole Slaw

MON 4/22 Kielbasa & Sauerkraut, Fried Potatoes
TUE 4/23 Ham & Beans Soup, Cornbread, Greens
WED 4/24 Pizza Bread, Chips
THU 4/25 Liver & Onions, or Salisbury Steak, Mashed Potatoes w/Gravy, Green Beans
FRI 4/26 Cook's Choice

MON 4/29 Bacon Cheeseburger, Chips
TUE 4/30 Penne Pasta w/Chicken and Vegetables, Alfredo or Garlic Butter Sauce
WED 5/1 Stuffed Pepper Soup w/Grilled Cheese
THU 5/2 Salad Plate w/Chicken, Ham & Potato Salad
FRI 5/3 BBQ Pattie Sandwich, Chips, Cottage Cheese



**Member Breakfast a la carte bar
from 8:15am - 9:45am**

**No Breakfast Service on May 7, 8, & 9, 2019. Café Closed May 8, 2019.
No Lunch served in Kinley Café on May 9, 2019 due to Spring Luncheon Fundraiser.**

This Is Where... We Fix the Flow

Urology Specialists at UHC...

provide diagnosis and treatment of conditions affecting the urinary system in male and female adults;

studied at the Cleveland Clinic, Charing Cross and Westminster Medical School, Jackson Memorial Hospital, University of Miami in Florida, and University of Wisconsin in Madison;

are treating kidney stones with an onsite lithotripter and minimally invasive laproscopic and robotic surgery—its immediate availability at UHC allows a quicker return to work and other activities;

And they chose UHC.

- Prostate Diseases
- Erectile Dysfunction
- Impotence
- Kidney Stones
- Sexual Dysfunction
- Peyronie's Disease
- Incontinence
- Voiding Disorders
- Male Infertility
- Bladder and Kidney Cancers

Call the UHC Physician Referral Line 800-607-8888



UNITED HOSPITAL CENTER 

Bridgeport, WV | We're Part of Something Great | uhcwv.org



Yemi Akin-Olugbade, MD | Grant L. Franklin, Jr., MD | Viacheslav Iremashvili, MD, PhD

HCSC BOARD ACTIONS



Thursday, March 28, 2019 at 9:00 AM - 2020 Annual Plan Meeting Actions:

- Adopted 2018-2019 HCSC Budget.
- Approved E.D. request for a garage sale of unused items.
- Approved E.D. request to apply for a 5310 van.
- Approved preparing a certificate to recognize Lost Creek Satellite's 50th Anniversary.

Next Board Meeting: April 25, 2019, 9:00 AM in the Boardroom

2019 HCSC Board of Directors

OFFICERS

President - William O'Field

Vice President - E. Ryan Kennedy

Secretary - Sandra Mossor

Treasurer - Joyce Rabanal

BOARD MEMBERS

Janet Dotson, Sharon Hamilton, Linda Holyfield, Harley Jeffries, Lowell "L. J." Maxey
William Phillips, Chad Sigmon, Donna Stuart, and Ron Watson

Executive Director - Beth Fitzgerald (*Ex-Officio*)

Remaining 2019 Board Meetings: April 25, June 27, July 25, August 22, October 24 & November 21

2019 SATELLITE INFORMATION - Remaining 2019 Meetings: April 25, July 25 & October 24

SATELLITE	PRESIDENT'S INFO	MEETING INFO
BRIDGEPORT	Willa Brand 304.842.6696	3rd Monday of Month • 10:30 AM • Benedum Center
EAST VIEW	Donna Dolan 304.622.1530	1st Friday of Month • 12:00 PM • Community Center <i>Bingo only on other Fridays at 1 pm</i>
JOHNSTOWN	Cheryl Fogg 304.623.0210	2nd Wednesday of Month • 10:00 AM • Community Center
LOST CREEK	Linda Coffman 304.745.4983	1st Wednesday of Month • 10:00 AM • Community Center <i>Ceramics & Cards on other Wednesdays</i>
LUMBERPORT	Sherry Exline 304.584.4642	2nd Friday of Month • 11:00 AM • United Methodist Church
MARSHVILLE	Ruth Randolph 304.783.4469	4th Tuesday of Month • 10:30 AM • HCSC Ceramics Room/Café
MT CLARE	Jean Travis 304.838.2776	3rd Tuesday of Month • 11:00 AM • Mt Clare Fire Department
SARDIS	Frances Allen 304.783.5253	1st Thursday of Month • 10:30 AM • Community Center
SHINNSTON	Janet Dotson 304.592.0912	Every Friday • 10:30 AM • American Legion Building
SPELTER	Sharon Hamilton 304.624.6251	3rd Thursday of Month • 12 Noon • Fire Dept. Community Room
WALLACE	Linda Conant 304.796.4658	2nd Thursday of Month • 10:00 AM • United Methodist Church
WEST MILFORD/ GOOD HOPE	Richard Himes 304.745.5191	1st and 3rd Tuesdays of Month • 10:30 AM • Community Center



STONEWALL JACKSON COIN CLUB **COIN SHOW**

**Sunday, April 28, 2019
10AM—3PM
HCSC Ballroom**

**Hourly Door Prizes
Drawn at 11, 12, 1 & 2**

**Grand Prize Drawing 3pm
20 US Silver Eagles
Other Final Drawings
For Collectible Coins**



**Harrison County
Senior Center**

Kinley Café

Take Out or Eat In

HOT DOG LUNCH **Fundraiser**

**Sunday, April 28, 2019
11 AM — 2 PM**

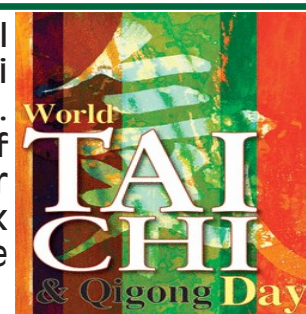


**Includes: 2 Hot Dogs,
Chips, Cookie, Cole
Slaw OR Macaroni
Salad, & Drink**



HCSC Theatre Group will attend Act 2's Theatre Company's production of "Radio Plays" on Sunday, April 28, 2019, at 2:00 p.m. at the McCrory Marketplace Great Hall, 318 West Main Street, Clarksburg. For more information, contact Bill O'Field or leave a message for him at the front desk.

WORLD TAI CHI AND QIGONG DAY will be celebrated by the HCSC Tai Chi Class on Saturday, April 27, 2019. Final plans are pending at time of publication. Contact Bill O'Field or leave a message at the front desk for him to contact you with the details.



alzheimer's



Alzheimer's Support Group

The West Virginia Chapter of the Alzheimer's Association offers a support group at the Center on the **second Thursday of each month at 10:30 a.m. in the board room**. The meetings are led by trained facilitators for care givers and persons with dementia affected by Alzheimer's. Participation in the group provides emotional support and encouragement to help cope with the disease. Meetings are free and open to all members.

SAVE THE DATE: Sunday, September 29, 2019, Walk to end Alzheimer's at the Meadowbrook Mall 1 PM

**ADVERTISE
WITH US!**

If you have questions about the newsletter or would like to purchase advertising space, please contact Beth Fitzgerald, Exec. Dir., or William O'Field, Board President, at 304.623.6795 or by email at newsletter@hscwv.org

Older Americans Month 2019

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, **Connect, Create, Contribute**, encourages older adults and their communities to:

- **Connect** with friends, family, and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

WV Bureau of Senior Services is asking for nominations of 60+ individuals who play key roles in the vitality of our neighborhoods, communities, and lives. Nomination forms are available at the front desk or at www.wvseniorservices.gov.



Bolivia Bloom
with 100 \$1 Bills
donated by
Bolivia Card

2019 Older Americans Month Spring Luncheon \$10 Fundraiser

Come celebrate Older Americans Month at the Spring Luncheon Fundraiser on Thursday, May 9, at 10:30 am in the Ballroom. Share in the fun with door prizes, 50/50, free bingo, and specialty vendors.

Specialty vendors include:

- ♦ Avon – Bath, Beauty, and Jewelry Products
- ♦ Hearing Solutions - Hearing Tests
- ♦ L&M Farms - Jams, Jellies, Salves, Teas, Dried Herbs, Oils and Herbs, Elixirs, & Pet Items
- ♦ Moonlighting Beaded Jewelry – Handmade bohemian and vintage style jewelry by Grenda Hawk
- ♦ Whitehall Pharmacy - MedPack Services
- ♦ Clarksburg-Harrison Public Library, Book Sale & Check Out Items
- ♦ HCSC Book Club – Book Sale
- ♦ HCSC Ceramics Class – Hand Painted Ceramics



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Robert W. Jackson Senior Conference



MAY 21—23, 2019

Ripley, WV

The late Robert W. Jackson was one of West Virginia's most recognized senior advocates; he worked tirelessly both in state government and in the private sector to ensure improvements in policy, planning, and services to seniors. In his honor, the Bureau sponsors the Robert W. Jackson Senior Conference each year to provide workshops and activities for seniors from around the state.

Travel to and from conference is on your own. Possible assistance with lodging/conference cost.

Call or visit the director for more information. 304-623-6795

Registration/Lodging Form is available at the front desk or download from website.

Website: hcscwv.org

Senior Olympics

June 11-14, 2019



Aging & Family Services of Mineral County proudly sponsors the Mineral County Senior Olympics in June of each year (age 55+). This event is held at Potomac State College in Keyser. Annually, over 125 seniors from the surrounding areas participated in a variety of competitions. The competition runs throughout the week and finishes with the awards ceremony on a Friday afternoon.

The Senior Olympics philosophy is to provide activities for all seniors regardless of age or athletic ability. Events are chosen to include the physical as well as the nonphysical. This ensures the accommodation of all skill levels and promotes an atmosphere of competition while still focusing on the importance of socialization.

Events at these Olympics include: Bocce, Corn-hole toss, Horse Shoes, Football throw, Frisbee toss, Poker, artificial flower arrangements and live plants. There were seven baking categories, eleven craft categories, talent events, seven track and field events, basketball shooting, golf putting, bowling, billiards, ping pong, horseshoes, scrabble and a spelling bee.

Last year, Margaret Davis and Cliff Marshall attended and won medals in various events. Please let the director know if you are interested in attending this event in Keyser, WV so that you may be contacted when registration forms are received. More information will be available in the May Newsletter. Watch for flyers at the front desk with practice times and dates.

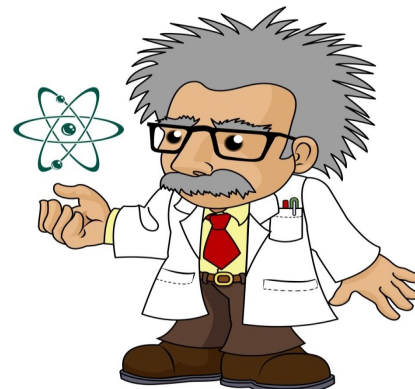
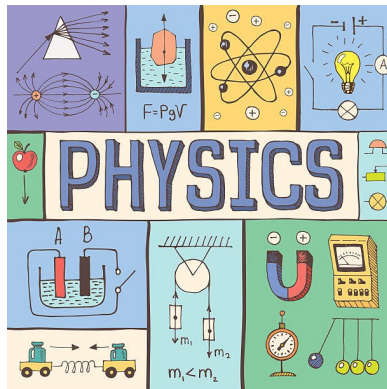


East View Satellite Members
Cliff Marshall & Margaret Davis

DAVIS—Gold-Crochet/Knitting, Bronze-Crafts, Bronze-Soccer Kicking. MARSHALL—Bronze-Softball Throw, Bronze-Baseball, Silver-Whiffle Ball, Bronze-Washer Toss

PHYSICS 1

Find and circle all of the words that are hidden in the grid. The remaining 30 letters spell an Albert Einstein quotation.



ACCELERATION
ACOUSTICS
AMPLITUDE
ATOM
BLACK HOLE
BUOYANCY
CENTRIPETAL
COLD FUSION
CONVECTION
DENSITY
DISPLACEMENT
DOPPLER
EINSTEIN
ELECTRON
ENERGY
ENTROPY
EXPERIMENT
FARADAY
FREEZING POINT
FULCRUM
GRAVITY
HAWKING
IMPEDANCE
ISOTOPE
KELVIN
LAWS
LENGTH
LEVER
MASS
MECHANICS
MOMENTUM
NEWTON
OPTICS
PASCAL
PENDULUM
POWER
PRINCIPLES
QUARK
REFRACTION
SOUND
STRING THEORY
TESLA
THERMOMETER
TRAJECTORY
VECTOR
VISCOSITY
WAVE
WEDGE
WORK

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MEMBER APRIL BIRTHDAYS

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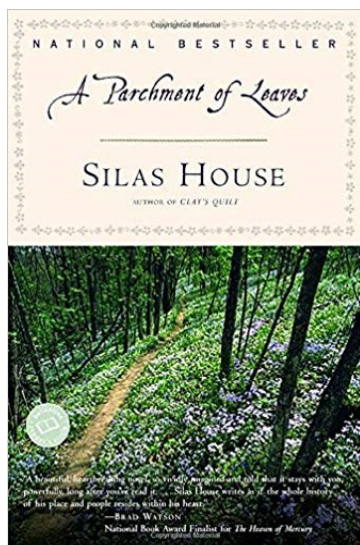
Day	Name	Day	Name	Day	Name
1	Carl Ash	11	Janet Lafollette	22	Sue Adkins
1	Judy Bennett	11	Terry Robey	22	Florence Ann Fleming
1	Kieth D Hairstow	11	David B Romine	22	Beverly Hammond
1	Michael Ann Huffman	11	Barbara Sheaffer	22	Shirley A Kidd
1	Sue Marks	11	Carol L Tichnell	23	Terri Baker
2	Delores J Jones	11	Cynthia Wotasek	23	Joe Carter
2	Mary Ann Moore	12	Patty Lambernedis	23	Doris Dean
2	Beverly Patrick	12	Carolyn V Sirk	23	Rockie V Gibson
2	Sonny Vincent	13	Charlene Davis	23	Ronald Limer
3	Mona L Hertz	13	Jeanie Levelle	23	Roxie Nicholson
3	Carl L Kinney	13	Richard W Perine	23	Harold F Wilhelm
4	Cynthia A Bjornsen	13	Shirley Traugh	24	Naomi Burkhammer
4	James Cox	14	Vernard Brackenrich	24	Jackie Martin
4	Daniel W Forinash	14	Theresa C Gibson	25	Virginia Harding
4	Louis Schmidt	14	Margaret Perri	25	James H Todd
5	Nancy L Huffman	15	John Bunch	26	Saundra Boley
5	Dana Murphy	15	Janet Dotson	26	Danny Paugh
5	Joyce Neeley	15	Mildred Sakerski	27	Ladonna Sue Lewis
5	Crystal Pumphrey	15	Albert Sheaffer	27	Darlene Wright
5	Dolores B Shelton	16	Steve Hamilton	28	Steven Goolie
6	Beverly L Elder	16	Judy McGinnis	28	Shane McIntyre
6	Deborah Tempel	17	Mary E Beverly	28	Nancy Nestor
7	Charles Chedester	17	Shafter Drummond	28	David Ridenour
7	Eilene Harris	17	David A Mudrick	28	Georgette Shields
7	Ellen R Markley	18	Guy A Scarnati	28	Ervin Walter Sutton
8	Eva B Dewitt	19	Carol Baker	29	Anne Pinti
8	Sandra L Gonzalez	19	Peggy Helmick	30	Irene Carter
8	Robert Harris	20	Carolyn Corrigan	30	Iva Jenkins
8	William F Moore	20	Debbie Gordon	30	Anna Kuhens
8	Gary Swiger	20	Donald Martin	30	Robert Mitchell
9	Paula Harbert	21	Helen R Brown	30	Cynthia Sprout
10	Michael Bland	21	Mary Ann Fowler	30	Charlotte Thomas
10	Mary Deem	21	Fran Lopez	30	Jennifer Winters
10	Lu McDougal	21	Karen S Starcher	30	Paul P Wiseman
10	Kenneth Oldaker				
10	Bob Seibel				

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The **HCSC BOOK CLUB** is reading "A Parchment of Leaves" by WV author Silas House and will discuss it over tea on Wednesday, April 10, at 12:45 p.m. in the Board Room. All are welcome to attend, even if you do not read the book. Copies of the book are available for anyone who is interested. Leave your name and telephone number at the front desk and someone from the Book Club will get back to you.



CALL FOR LARGE PRINT & AUDIO BOOK DONATIONS

Gently used **LARGE PRINT** and **AUDIO** books are being collected for the upcoming Book Sale fundraiser on Thursday, May 9, at 10:30 a.m. in the Ballroom during the Older Americans Month celebration.

SENIORS ON THE GO TRAVEL CLUB

**FOR RESERVATIONS OR MORE INFORMATION CONTACT
DELORES LOYD 304.624.0773**
Restricted to Ages 40+

Day Trips

June 14, 2019 - Dining and Shopping
Amish Country - Berlin, OH \$70
Leaving at 6:30 am from Kohl's Parking Lot
Dinners cost are on your own

July 12, 2019 - Mountain Playhouse
Jennerstown, PA \$72 includes bus and show.
Dinner costs are on your own.
Show: "Don't Dress for Dinner" (farce)

2 Night Trip

October 12-14, 2019 - Washington, DC
2 nights, 2 dinners, & 2 breakfasts
Guided tour of DC
\$360 per person includes ins. & gratuity



REGIONAL WV SHIP COUNSELOR * ERNESTINE POST

Medicare Information, Assistance & Counseling

Phone: 304.765.4091 email: epbcsc@frontier.com



Ernestine Post, from Braxton County Senior Center, is available by phone or on visit days:

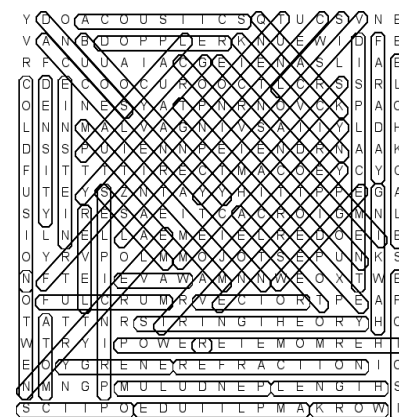
Time: 9:30 am - 2:30 pm
Fri. Apr. 5 Tue. Apr. 23
& Mon. Apr. 29

HIDDEN MESSAGE:

**YOU
NEVER
FAIL
UNTIL
YOU
STOP
TRYING**

PUZZLE SOLUTION

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SENIOR NUTRITION MISSION PROGRAM A program for Harrison County seniors age 60 or older with income at or below 130% of the federal poverty level. For a one person household this would be \$1354 a month or less, and for a two person household this would be \$1832 or less. Call for more information on larger household sizes. A monthly food box includes cans of fruits & vegetables, shelf stable milk, juice, cereal, cans of meat, peanut butter, pasta, & block of cheese. **For more information on this program and how to sign up, please contact Barbara Oldaker or volunteer Debbie Glaspell at 304.623.6795 Ext. 105.**



The Harrison County Senior Center is funded by the Older Americans Act - Title III, WV Bureau of Senior Services, WV Division of Public Transit, Harrison County Levy Funds, City of Clarksburg, In-Home Services funds and by individual and corporate donations.

REOCCURRING WEEKLY ACTIVITIES	DAY(S) OF OCCURENCE				
	MON	TUE	WED	THU	FRI
Fitness Room 8A – 4P	X	X	X	X	X
Toning Exercise 8:30A – 9:30A		X		X	
Daytime Ceramics 8:30A – 3:30P	X			X	
Evening Ceramics 4P – 8P			X		
Tai Chi 10A – 11A		X		X	
Tai Chi Advanced 11A – 12P				X	
Exercise 10:30A – 11:30A	X				X
Healthy Steps Exercise 10:30A – 11:30A			X		
Bingo Fun Club 12:30P – 3P		X			
Bingo Coverall after Lunch 3/\$1 12:15P					X
Duplicate Bridge 1P – 3P	X				
Card & Board Games 12:30P – 4P				X	
Bolivia Card Game 9A-3P					X
Zumba Gold 1P – 1:30P	X		X		
Line Dancing 3P – 5P	X				



THURSDAY TAI CHI TEA

On the first Thursday of the month, the Tai Chi Class takes a break for hot tea, information from Master Trainer Mark Coffindaffer and, of course, socialization time.

Monday, April 1, 2019

Sewing Group 9:00am

Tuesday, April 2, 2019

West Milford/Good Hope Satellite Meeting 10:30am

Wednesday, April 3, 2019

Lost Creek Satellite Meeting 10:00am

Thursday, April 4, 2019

Sardis Satellite Meeting 10:30am

Friday, April 5, 2019

SHIP Counselor (Medicare, Ins.) 9:30am-2:30pm

Shinnston Satellite Meeting 10:30am

East View Satellite Meeting 12:00pm

Monday, April 8, 2019

Travel Club 1:00pm

Tuesday, April 9, 2019

Wednesday, April 10, 2019

Johnstown Satellite Meeting 10:00am

Lost Creek Satellite Ceramics & Cards 10:00am

HCSC Book Club 12:45pm

Thursday, April 11, 2019

Wallace Satellite Meeting 10:00am

Alzheimer's Support Group 10:30am

Librarian 11:30

Friday, April 12, 2019

Shinnston Satellite Meeting 10:30am

Lumberport Satellite Meeting 11:00am

East View Satellite Bingo 1:00pm

Sunday, April 14, 2019

Mountaineer Family Baseball Vera Bradley Bingo Fundraiser -Doors Open 11:30am, Early Bird 12:30p, Bingo 1p

Monday, April 15, 2019

Bridgeport Satellite Meeting 10:30am

Tuesday, April 16, 2019

West Milford/Good Hope Satellite Meeting 10:30am

Mt. Clare Satellite Meeting 11:00am

Stonewall Jackson Coin Club 5:30pm



Wednesday, April 17, 2019

Lost Creek Satellite Ceramics & Cards 10:00am

Thursday, April 18, 2019

Sewing Group 9:00am-3:00pm

Librarian 11:30am

Spelter Satellite Meeting 12:00pm

Friday, April 19, 2019

Shinnston Satellite Bingo 10:30am

NO East View Satellite Bingo Today

Monday, April 22, 2019

Tuesday, April 23, 2019

SHIP Counselor (Medicare, Ins.) 9:30am-2:30pm

Marshville Satellite Meeting 10:30am

Wednesday, April 24, 2019

Lost Creek Satellite Ceramics & Cards 10:00am

Thursday, April 25, 2019

Board Meeting 9:00am

Satellite Presidents' Meeting 11:00am

Librarian 11:30am

Friday, April 26, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Bingo 1:00pm

Sunday, April 28, 2019

Stonewall Jackson Coin Club Coin Show 10am – 3p

HCSC Hot Dog Lunch Fundraiser 11am – 2pm

East View Satellite Member Luncheon 1pm

Monday, April 29, 2019

Ship Counselor (Medicare, Ins.) 9:30am-2:30pm

Tuesday, April 30, 2019

Wednesday, May 1, 2019

Fitness Center 8:00am-4:00pm

Lost Creek Satellite Meeting 10:00am

Thursday, May 2, 2019

Sardis Satellite Meeting 10:30am

Friday, May 3, 2019

Shinnston Satellite Meeting 10:30am

East View Satellite Bingo 12:00pm



Come to the Valley



We are a 55+ community with monthly potluck dinners, weekly bingo, and resident driven activities.

Interact with friendly people in a caring, quiet, community environment.

HARMONY VALLEY RETIREMENT COMMUNITY

14 Gawthrop Lane, Clarksburg, WV 26301

Off Sun Valley Rd. - 3 mi. from Major Shopping Areas

No Elevators

Direct Access to your Affordable, Handicapped-Accessible Apartment

1 Bedroom (\$800/mo.) & 2 Bedroom (\$900/mo.)
non-smoking apartments

Monthly Rent INCLUDES Utilities and Basic Plus Cable

**Call Perry McAtee at 304.677.6800 for an
Appointment to View our Lovely Apartments**

Confusion



Clarity



MedPack



Regional Service
Free Shipping
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Personalized Care
Free Delivery
304-368-9355

The Harrison County Senior Citizen's Center, Inc. operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. To find out more about our nondiscrimination obligations or to file a complaint, please contact us at 304.623.6795.