

# HARRISON COUNTY

Socialize • Exercise • Energize

# SENIOR CENTER

500 West Main Street, Clarksburg, WV 26301 Phone: 304.623.6795 Website: <http://hcscwv.org>



## AUGUST 2018



**Candidates  
Wanted**

**See Page 10 for Information on Running for a Board Position**

Candidate applications due by 4:00 PM on THURSDAY, AUGUST 16, 2018  
Elections will be held during the month of October 2018



Joann Devericks and Brenda Smothers try out the new computer lab area across from the board room.



**The newly created HCSC Computer Lab is up and running.** Members can use the computers to check email, facebook, surf the internet for information, or for writing memoirs or letters. A printer/copier is connected and available for printing documents. Last year, we installed the WiFi units to cover the entire building. In response to requests, we have set up the lab to provide seniors the opportunity to use the internet, Microsoft office programs, photo editing software, graphic design software and printing. Please sign in as this is now one of our grant activities. Classes and discussion groups are being considered if there is enough interest. Please see Curtis Short, IT Admin, for assistance and/or to share your interest in a future class.



## KINLEY CAFÉ MENU 11:30 am - 1:00 pm

**Tickets Available at Front Desk**

**\$5.50 Members \$6.50 Non Members**

**STOP BY FRONT DESK OR CALL 304.623.6795 TO PUT YOUR NAME ON THE LUNCH LIST**

**Meals are prepared based on reservation numbers. Menu subject to change.**

**You must make a reservation by 9:30 am to reserve a lunch for that day.**

Day before reservations are preferred.

DAY	DATE	MENU
MON	8/6	Chicken & Dumplings, Vegetable
TUE	8/7	Liver & Onions or Salisbury Steak, Mashed Potatoes w/Gravy, Vegetable
WED	8/8	Pizza Bread, Chips
THU	8/9	Taco Salad, Nacho Chips w/Salsa & Cheese Sauce
FRI	8/10	Fish, Baked Potato, Carrots
MON	8/13	Stuffed Pepper, Mixed Vegetable
TUE	8/14	Hot Dogs w/Chili, Fajita Fries
WED	8/15	BLT Sandwich, Soup
THU	8/16	Steak Salad with Fries on Top
FRI	8/17	Hamburgers, Chips, Vegetable
MON	8/20	Kielbasa, Sauerkraut, Mashed potatoes w/gravy
TUE	8/21	Spaghetti w/Meat Sauce, Bread Stick
WED	8/22	Fried Bologna Sandwich, Potato Cakes or Chips
THU	8/23	Baked Steak, Mashed Potatoes w/gravy, Green Beans
FRI	8/24	Meat Loaf, Roasted Red Potatoes, California Blend
MON	8/27	Reuben Chicken, Onion Rings, Vegetable
TUE	8/28	Penne Pasta, Chicken, Vegetables, Alfredo or Garlic Butter Sauce
WED	8/29	Open-Face Turkey Sandwich, Mashed Potatoes, Vegetable
THU	8/30	Salad & Fruit Plate, Pickled Eggs, Roll
FRI	8/31	Cooks Choice
MON	9/3	LABOR DAY HOLIDAY – CENTER CLOSED
TUE	9/4	Liver & Onions or Salisbury Steak, Mashed Potatoes w/Gravy, Vegetable
WED	9/5	Chicken Patty Sandwich, Broccoli Soup, Chips
THU	9/6	Oven Fried Chicken, Baked Potato, Vegetable
FRI	9/7	BBQ Rib Patty, Fries, Vegetable



WVJC Student Nurses will return on August 29 at 8am for another Health Fair and Screening.



Nazareth Farm Volunteer Crew 7.25.2018



Bob Greer (above front left) organized an intergenerational Chess Club Clarksburg Open at the Senior Center on July 7. Participants came from WV and neighboring states.



NAZARETH FARM VOLUNTEER CREW 7/27/2018

Nazareth Farms Volunteers helped out during the last week in July by dismantling exercise equipment and moving it to the garage, helping out in the kitchen, cleaning stairwells, socializing with the seniors, and assembling the new exercise bikes.

**Breakfast for Members 8:15 AM - 9:45 AM - All Items 50¢ - Purchase Breakfast Tickets at the Front Desk.**



# THIS IS WHERE.... WE'RE COMMITTED TO KEEPING OUR PATIENTS SAFE.



UHC now has five  
**Xenex LightStrike™**  
Germ-Zapping Robots™  
- the most in the state.

 **WVU Medicine**

**UNITED HOSPITAL CENTER** 

We're Part of Something Great | Bridgeport, WV | (681) 342-3660 | [uhcww.org](http://uhcww.org)

**THE FUTURE OF  
HEALTHCARE  
IS HERE**

# HCSC BOARD ACTIONS



## June Board Actions

- Appointed William Phillips to the board.
- Approved Executive Committee recommendation from the director to change the policy to allow employees to use earned/accrued annual leave/medical leave after an initial 30 days of employment.
- Approved form for employee exit interview.

## July Board Actions

- Approved Finance Committee recommendation to request proposals for a three year cycle for auditor bids.
- Approved director's request to donate non-senior friendly fitness equipment to another non-profit.

**Next Meeting - Wednesday, August 22, 2018 at 9:00 AM**

## **2018 HCSC Board of Directors**

<b>President</b> <b>William O'Field</b>	<b>Vice President</b> <b>Ryan Kennedy</b>	<b>Treasurer</b> <b>Joyce Rabanal</b>	<b>Secretary</b> <b>Sharon Hamilton</b>
Janet Dotson	Richard Himes	Linda Holyfield	Fran Lopez
Sandra Mossor	William Phillips	Chad Sigmon	Lowell "LJ" Maxey
			Ron Watson
HCSC EXECUTIVE DIRECTOR - BETH FITZGERALD			

## **2018 SATELLITE INFORMATION**

SATELLITE	PRESIDENT'S INFO	MEETING INFO
BRIDGEPORT	Ruth Allen 304.842.3638	3rd Monday of Month • 10:30 AM • Benedum Center
EAST VIEW	Donna Dolan 304.622.1530	1st Friday of Month • 12:00 PM • Community Center <i>Bingo only on other Fridays at 1 pm</i>
JOHNSTOWN	Cheryl Fogg 304.623.0210	2nd Wednesday of Month • 10:00 AM • Community Center
LOST CREEK	Linda Coffman 304.745.4983	1st Wednesday of Month • 10:00 AM • Community Center <i>Ceramics &amp; Cards on other Wednesdays</i>
LUMBERPORT	Sherry Exline 304.584.4642	2nd Friday of Month • 11:00 AM • United Methodist Church
MARSHVILLE	Ruth Randolph 304.783.4469	4th Tuesday of Month • 10:30 AM • HCSC Ceramics Room/Café
MT CLARE	Jean Travis 304.838.2776	3rd Tuesday of Month • 11:00 AM • United Methodist Church
SARDIS	Frances Allen 304.783.5253	1st Thursday of Month • 10:30 AM • Community Center
SHINNSTON	Janet Dotson 304.592.0912	Every Friday • 10:30 AM • American Legion Building
SPELTER	Sharon Hamilton 304.624.6251	3rd Thursday of Month • 12 Noon • Fire Dept. Community Room
WALLACE	Patsy Tucker 304.783.5306	2nd Tuesday of Month • 10:00 AM • United Methodist Church
WEST MILFORD/ GOOD HOPE	Richard Himes 304.745.5191	1st and 3rd Tuesdays of Month • 10:30 AM • Community Center



Book club now reading: Member to choose his or her own choice to share at next meeting

Next Meeting: September 28 at 12:45 pm ~ Boardroom

**RAYMOND KELLER II will be signing his book "COSMIC RAY'S EXCELLENT VENUS ADVENTURE" in the Café on TUESDAY, AUGUST 28 2018 from 11 am - 12:30 pm**



## ASTRONOMY 2

Find and circle all of the Astronomy related words that are hidden in the grid. The remaining letters spell a secret message.



T	H	G	E	E	F	B	A	I	R	A	D	I	A	T	I	O	N
N	E	G	A	L	R	X	B	I	E	N	R	S	A	N	G	G	T
O	H	X	A	L	I	E	N	E	O	T	U	A	L	O	C	R	R
V	N	R	T	S	A	G	H	T	Y	N	A	A	N	I	Y	A	F
A	E	W	Y	R	A	C	O	P	S	X	I	T	T	U	R	V	I
S	W	S	T	X	A	R	T	P	S	T	A	E	O	E	L	I	R
T	T	T	I	A	P	T	O	I	S	O	N	L	V	R	N	T	E
R	O	E	S	L	P	T	E	E	C	G	T	O	A	T	M	A	B
O	N	K	O	L	S	L	L	R	A	N	L	O	E	G	A	T	A
N	F	C	N	A	I	E	A	M	R	V	O	R	H	I	T	I	L
O	C	O	I	R	C	G	R	N	E	E	S	I	S	P	T	O	L
M	O	R	M	A	T	P	H	R	E	T	S	C	S	O	E	N	S
Y	M	P	U	P	O	S	E	T	E	T	E	T	H	S	R	A	I
D	E	P	L	A	S	M	A	L	B	Y	G	O	R	A	I	L	R
E	T	O	R	G	S	O	L	S	T	I	C	E	R	I	O	M	B
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T	N	O	I	T	A	R	O	L	P	X	E	N	O	Z	O	R	E

ASTRONOMY  
AXIS  
CELESTIAL  
CHAOS  
COMET  
COSMOS  
DEBRIS  
EMISSION  
ENERGY  
EXPLORATION  
EXTRATERRESTRIAL  
FIREBALL  
FLARES  
FUSION  
GALACTIC  
GALAXY  
GRAVITATIONAL  
HYDROGEN  
INTERSTELLAR  
LIGHT  
LUMINOSITY  
LUNAR  
MAGNETIC  
MATTER  
METEORITE  
NEWTON  
NOVA  
OZONE  
PARALLAX  
PHOTOSPHERE  
PLANET  
PLASMA  
PROTON  
RADIATION  
REVOLVE  
RING  
ROCKET  
ROTATE  
SOLSTICE  
SPACE  
SUNSPOTS  
SYZYGY





# CARD & GAME DAY FUNDRAISER

IN THE HCSC KINLEY CAFÉ 10AM - 5 PM

## SATURDAY, AUGUST 11, 2018

Doors Open at 10 AM ♥♣♦♠ \$10 Per Person

Bolivia Bloom Raffle, 50/50 Raffle, Black Bear Tickets Raffle, Door Prizes

**All Raffle Drawings to be completed by 12:30 PM**

Come join the fun!

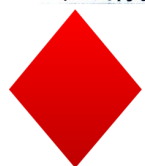
Bring your favorite board game or join a card game table.

A Salad Themed Lunch will be served.

For More Info Call: Mary Ann 304.629.4882 or Ann 304.622.6522



Bolivia Bloom



Book Club Members with WV Authors Gayleen Wentz (second from left) and Judith Davis (seated front right) posed for a picture following the Book Club meeting on July 27, 2018. Special thanks to Sue Marks (center) and Julia Todd (not pictured), for leading the discussion groups for the two books.

The Healthy Steps Class shows off their new exercise balls. This new equipment was purchased with grant funding to enhance strength and balance exercises. The Healthy Steps Class is led by Carol E. Brown (seated on floor left). Watch for future pictures with the Octoband and Hand Swatters. Join the class on Wed., 10:30 am, to exercise and have fun.



## Farmer's Market EVERY TUESDAY 9 AM - 12 PM In the Harrison County Senior Center Garage

With Vendors

L & M Farms - Lyle & Marilyn Blake (304) 745-3237 or (304) 838-3506

Baskets of Blessings - Barbara Butcher



**BACK IN AUGUST BY  
POPULAR DEMAND!**

**West Virginia Junior College  
Practical Nursing Program**

invites you to participate in a

**Health Screening on  
WEDNESDAY AUGUST 29**

**8am to 11am**

Make your way to the Harrison County Senior Center to have your blood pressure, blood sugar, and cholesterol checked. If you want your blood sugar and cholesterol checked make sure to not eat anything past midnight the night before!

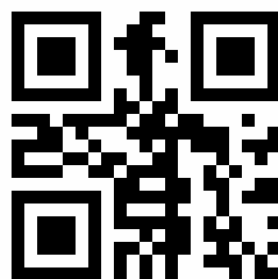
This is a free community event staffed by the practical nursing students of WVJC-Bridgeport. Information on shingles and diabetes will also be available.

**Do you know  
YOUR numbers?**



**WE JUST WANT TO SAY...  
THANK YOU!**

- \* To Mike & Denise Hyman for the photo printer for the computer lab.
- \* Deaonna Crowe for bringing in the donated bread.
- \* Donna Stuart for bringing in donated milk, cereal and applesauce.
- \* Mary Ann Cowger for the donation of lovely teacups and saucers to the book club.



**CHECK IT OUT!**  
<http://hcscwv.org>

**VOLUNTARY NONOPIOID  
ADVANCE DIRECTIVE**

DHHR has issued Health Advisory #148 allowing for patients to refuse, at their own insistence, the offer or administration of any opioid medications, including an emergency situation where you are unable to speak for yourself. This advance directive may be revoked at any time, orally or in writing.

Copies are available at the front desk of the senior center or you may fill out a computer generated version, print it, sign it, and take it to your primary care provider. See Curtis Short in the Computer Lab.





REOCCURRING WEEKLY ACTIVITIES	DAY(S) OF OCCURENCE				
	MON	TUE	WED	THU	FRI
<b>Fitness Room 8A – 4P</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Toning Exercise 8:30A – 9:30A</b>		<b>X</b>		<b>X</b>	
<b>Daytime Ceramics 8:30A – 3:30P</b>	<b>X</b>			<b>X</b>	
<b>Evening Ceramics 5P – 9P</b>			<b>X</b>		
<b>Tai Chi 10A – 11A</b>		<b>X</b>		<b>X</b>	
<b>Tai Chi Advanced 11A – 12P</b>				<b>X</b>	
<b>Exercise 10:30A – 11:30A</b>	<b>X</b>				<b>X</b>
<b>Healthy Steps Exercise 10:30A – 11:30A</b>			<b>X</b>		
<b>Bingo Fun Club 12:30P – 3P</b>		<b>X</b>			
<b>Bingo Coverall after Lunch 3/\$1 12:15P – 12:30P</b>					<b>X</b>
<b>Duplicate Bridge 1P – 3P</b>	<b>X</b>				
<b>Bridge &amp; Other Card Games 12:30P – 4P</b>				<b>X</b>	
<b>Bolivia Card Game 9A-3P</b>		<b>X</b>			<b>X</b>
<b>Zumba Gold 1P – 1:30P</b>	<b>X</b>		<b>X</b>		
<b>Line Dancing 3P – 5P</b>	<b>X</b>				
<b>Farmer's Market in the Garage (June-October)</b>		<b>X</b>			

**Sunday, August 5, 2018** North Central Athletics Designer  
Purse Bingo Fundraiser – Doors open at Noon, Bingo at 1p

**Monday, August 6, 2018**

Sewing Group 9:00am

**Tuesday, August 7, 2018**

West Milford/Good Hope Satellite Meeting 10:30am

**Wednesday, August 8, 2018**

Johnstown Satellite Meeting 10:00am

Lost Creek Satellite Ceramics and Card 10:00am

**Thursday, August 9, 2018**

Alzheimer's Support 10:30am

Librarian 11:30am

**Friday, August 10, 2018**

Shinnston Satellite Meeting 10:30am

Lumberport Satellite Meeting 11:30pm

*NO BINGO at East View Satellite today*

**Saturday, August 11, 2018**

Bolivia Club Card and Game Day in the Café 10:00am-5:00pm \$10

**Monday, August 13, 2018**

Travel Club 1:00pm

**Tuesday, August 14, 2018**

Wallace Satellite Meeting 10:30am

Sen. Capito's Mobile Ofc. Rep. 11:00am-12:00pm

**Wednesday, August 15, 2018**

Lost Creek Satellite, Ceramics and Cards 10:00am

**Thursday, August 16, 2018**

Sewing Group 9:00am

SHIP Counselor (Medicare, Ins.), Ernestine Post 9:30am-2:30pm

Spelter Satellite Meeting 12:00pm

**Friday, August 17, 2018**

Shinnston Satellite Meeting 10:30am

East View Satellite Bingo 1:00pm

**Sunday, August 19, 2018** Harrison County WV Historical  
Society Keeping History Alive Bingo – Doors open at Noon, Bingo 1p

**Monday, August 20, 2018**

Bridgeport Satellite Meeting 10:30am

**Tuesday, August 21, 2018**

West Milford/Good Hope Satellite Meeting 10:30am

Mt. Clare Satellite Meeting 11:00am

Stonewall Jackson Coin Club 5:30pm

**Wednesday, August 22, 2018**

Board Meeting 9:00am

Lost Creek Satellite Ceramics & Cards 10:00am

Satellite Presidents Meeting 11:00am

**Thursday, August 23, 2018**

Librarian 11:30am

**Friday, August 24, 2018**

SHIP Counselor (Medicare, Ins.), Ernestine Post 9:30am-2:30pm

Shinnston Satellite Meeting 10:30am

Bingo Coverall 3/\$1 12:15pm

East View Satellite Bingo 1:00pm

**Sunday, August 26, 2018** In Step Dance Vera Bradley  
Fundraiser Bingo – Doors open at Noon, Early Bird 1:30am, Bingo 2p

**Monday, August 27, 2018**

**Tuesday, August 28, 2018**

Marshville Satellite Meeting 10:30am

**Raymond Keller II book signing Cosmic Ray's Excellent Venus  
Adventure 11:00am – 12:30pm**

**Wednesday, August 29, 2018**

**WVJC Nursing Program Health Fair 8:00am-11:00am**

Lost Creek Satellite Ceramics & Cards 10:00am

**Thursday, August 30, 2018**

SHIP Counselor (Medicare, Ins.), Ernestine Post 9:30am-2:30pm

**Bingo Coverall 3/\$1 Lunch 12:15pm (moved from Friday due  
to downtown events)**

**Friday, August 31, 2018**

Shinnston Satellite Meeting 10:30am

*NO BINGO at East View Satellite today*

**Monday, September 3, 2018 CENTER CLOSED – LABOR DAY**

**Tuesday, September 4, 2018**

West Milford/Good Hope Satellite Meeting 10:30am

**Wednesday, September 5, 2018**

Lost Creek Satellite Meeting 10:00am

**Thursday, September 6, 2018**

Sardis Satellite Meeting 10:30am

Librarian 11:30am

**Friday, September 7, 2018**

Shinnston Satellite Meeting 10:30am

East View Satellite Meeting 12:00pm



Assessor's Office/Sheriff's

Dept. Satellite Schedule

Providing assistance with

Individual Personal Property

Assessments, WV State Farm Census

and New Homestead/Disability

Exemption Applications. Payment for

personal property and/or real estate

taxes can be accepted at the sites.

Satellite times: 9:30 am - 3:00 pm

(all sites)

August 1, 2018 - Lost Creek

Community Building

August 3, 2018 - East View

Community Building

August 7, 2018 - West Milford

Community Building

August 10, 2018 - Lumberport

United Methodist Church

August 16, 2018 - Spelter

Volunteer Fire Department

We will be **CLOSED**  
TO OBSERVE  
**Labor DAY**



## MEMBER AUGUST BIRTHDAYS

Day	Name	Day	Name	Day	Name	Day	Name
1	Judith Asel	7	Melinda Shields	13	Clara Williams	26	Ester Johnson
1	Marsha Stalnaker	8	Catherine Beatty	15	Robert Clutter	26	Bud Oldaker
2	Sissy Cokeley	8	Regina Bryant	15	Regina Edgell	27	Helen Ashcraft
2	Mary Scott	8	Brian Forinash	15	Frances Kinney	27	Karen Flanigan
3	Deborah Davis	8	Joan Kendall	16	Brenda Gill	27	Lester Hovermale
3	James Hayhurst	8	Sandra Newbrough	17	Guy Hickman	27	Chuck Lothes
3	Loretta Kissella	8	Jill Rafter	17	Colleen Linger	27	Becky Venettozzi
4	Joann Devericks	8	Kenneth Ryan Jr.	17	Stephen Mcelroy	28	Bud Clutter
4	Robin Eisenberg	9	Kathryn Bonnell - Ford	17	Noreene Smith	28	Joanne Cork
4	Tana Hall	9	Roy Collins	18	Jeff Dodge	28	Mildred Six
4	Dennis Mick	9	Joretta Starkey	18	James Loar	28	David Thomas
5	Doug Loar	9	Sandra Taylor	19	Sue Hurst	29	Denise Cate
5	Bill Ramsey	11	John Gervella	20	Betty Riffle	29	Roger Leonard
5	Linda Robinson	11	Velma Larry	20	Sue Shingleton	30	Janet Anderson
6	Max Lantz	11	Becky Rogers	21	Jane Newbanks	30	James Davis
6	Carla Riley	11	Rebecca Stealey	22	Marie Clutter	30	Claudia Mano
6	John Thornhill	12	Mary Ball	22	Barbara Graham	30	John Riddle
7	Jeffry Carpenter	12	Nancy Kerns	24	Bernie Fazzini	31	Pam Amos
7	Jay Kirkman	12	Barbara Wyckoff	24	Paul Watson	31	Betty Audia
7	Terry Lynch	13	James Barry	25	Doug Perkins	31	Josh Billings
7	Winnie Medina	13	Glenda Gaines	25	Dorsey Shreve Jr.	31	Ray Knight
7	Christina Nelson	13	Jerry Loyd	26	Barbara Goodwin	31	Jeanne Marsh

**SENIOR NUTRITION MISSION PROGRAM** A program for Harrison County seniors age 60 or older with income at or below 130% of the federal poverty level. For a one person household this would be \$1316 a month or less, and for a two person household this would be \$1784 or less. Call for more information on larger household sizes. A monthly food box includes cans of fruits & vegetables, shelf stable milk, juice, cereal, cans of meat, peanut butter, pasta, & block of cheese. For more information on this program and how to sign up, please contact Barbara Oldaker or volunteer Debbie Glaspell at 304.623.6795 Ext. 105.

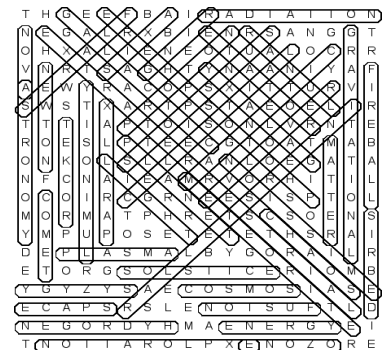
### REGIONAL WV SHIP COUNSELOR \* ERNESTINE POST Medicare Information, Assistance & Counseling

Phone: 304.765.4091 email: [epbccsc@frontier.com](mailto:epbccsc@frontier.com)  
Ernestine Post, from Braxton County Senior Center, is available by phone or on visit days:

**Time: 9:30 am - 2:30 pm**  
**Thursday, August 16th, Friday, August 24th,**  
**& Thursday, August 30th**

The hidden message is:  
**THE BIG BANG  
THEORY WAS  
FIRST PROPOSED  
BY GEORGES  
LEMAÎTRE**

**PUZZLE SOLUTION**  
Copyright © 2018 [www.puzzles.ca](http://www.puzzles.ca)



**THE CENTER WILL BE CLOSED ON MONDAY, SEPTEMBER 3, 2018 FOR LABOR DAY.**

The Harrison County Senior Center is funded by the Older Americans Act - Title III, WV Bureau of Senior Services, WV Division of Public Transit, Harrison County Levy Funds, City of Clarksburg, In-Home Services funds and by individual and corporate donations.



**FOLLOW US ON  
facebook**



#### DISCLAIMER

Any political, product, or service advertisements contained in this newsletter does not represent an endorsement by the Harrison County Senior Center.

# Candidates Wanted

## Board of Directors Election for the 1/1/2019-12/31/2020 Term (2 years)

The HCSCC Board of Directors will be holding an election for three positions on the Board during October 2018. All members who are in good standing and have been a member of HCSCC, which includes Satellites, for at least one year are eligible to run as a candidate for the Board of Director's Membership Representative Seat.

As stipulated in the HCSCC bylaws, each applicant is required to complete an essay of 150 words or less, stating why he or she would like to be elected as a HCSCC Board of Director's Representative. All candidates will have their picture taken at the HCSCC office to accompany their application.

All applications must be returned to the Center by 4:00 p.m. on Thursday, August 16, 2018. Applications will be opened by the HCSCC Board of Directors Executive Committee by 4:00 p.m. on Friday, August 17, 2018.

The Executive Committee will review and approve all eligible applications. A ballot of eligible candidates will be prepared and presented to the Board of Directors at the Wednesday, August 22, regular meeting for final approval and publication. The President of the Board of Directors will notify each eligible candidate of application approval within 48 to 72 hours of the August 22 Board meeting.

Candidate names will appear in alphabetical order on the ballot. All qualified nominations will be published in the September and October 2018 newsletters.

Any candidate may withdraw his or her name up to 48 hours prior to the election by notifying the President of the Board of Directors in writing of his or her request to withdraw from the HCSCC election process.


A copy of the application is available at the front desk or on our website at:  
<http://harrisoncountyseniorcenter.org>



**ELECT**

# Richard Iaquinta

**DEMOCRAT HOUSE OF DELEGATES**



**Associated With**

- Am. Legion Post 13
- Clarksburg Columbian Club
- Cecil Jarvis 10 K Finish Line Judge
- Knights of Columbus
- Immaculate Conception Altar Server & Men's Society
- VFW Post 573
- WIMS & RCB Track Volunteer

- YMCA Basketball Official and 10 K Race Official
- WV Governors Arts Award for Cultural Facilities

**richard.iaquinta@gmail.com**

Paid for by the Committee to Elect Richard Iaquinta,  
House of Delegates - Jeff Alastanos, Treasurer

## Alzheimer's Support Group



The West Virginia Chapter of the Alzheimer's Association offers a support group at the Center on the second **Thursday of each month at 10:30 a.m. in the board room.** The meetings are led by trained facilitators for care givers and persons with dementia affected by Alzheimer's. Participation in the group provides emotional support and encouragement to help cope with the disease. Meetings are free and open to all members.

**JOIN THE HCSC TEAM ON THE WALK TO END ALZHEIMERS ON SEPTEMBER 30, 2018 AT THE VA PARK. REGISTRATION AT 1P. WALK AT 2P.**



## **SAFER DRIVING**

### **CAN SAVE YOU MONEY**

The AARP Smart Driver™ Classroom Course could save money on your car insurance!

- ⇒ Refresh your driving skills and knowledge of the rules of the road.
- ⇒ Learn techniques for handling left turns, right-of-way and roundabouts.
- ⇒ Discover proven driving methods to help keep you and your loved ones safe on the road.

**CALL Instructor Lowell "BOB" Steele at (304) 216-1726 TO REGISTER**

**A full course (8 hours) is scheduled for Friday, October 19, 2018, 8am - 4pm.**

## SENIORS ON THE GO TRAVEL CLUB

**FOR RESERVATIONS OR MORE INFORMATION CONTACT**

**DELORES LOYD 304.624.0773**  
Restricted to Ages 40+ and Older



### **CANADA & NEW ENGLAND**

### **SEPTEMBER 5 - 14, 2019**

10 DAYS/9 NIGHTS WITH ROYAL CARIBBEAN CRUISE LINE ON THE GRANDEUR OF THE SEAS **PASSPORT REQUIRED**

Inside Cabin Category	6V	\$1,210
Outside Cabin Category	6N	\$1,410
Balcony Cabin Category	4B	\$2,463

Rates are per person, double occupancy, and include roundtrip transportation to/from pier, cruise, port charges, and government fees. \*Motorcoach is based on 20 passengers\*

**DEPOSIT POLICY:** An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. Those who book early get the best prices, the best cabin locations and their preferred dining times. **FINAL BALANCE IS DUE MAY 7, 2019**

**Come to the Valley**



We are a 55+ community with monthly potluck dinners, weekly bingo, and resident driven activities. Interact with friendly people in a caring, quiet, community environment.

## **HARMONY VALLEY RETIREMENT COMMUNITY**

14 Gawthrop Lane, Clarksburg, WV 26301

Off Sun Valley Rd. - 3 mi. from Major Shopping Areas

**No Elevators**

Direct Access to your Affordable, Handicapped-Accessible Apartment

**1 Bedroom (\$800/mo.) & 2 Bedroom (\$900/mo.)**  
non-smoking apartments

**Monthly Rent *INCLUDES* Utilities and Basic Plus Cable**

**Call Perry McAtee at 304.677.6800 for an  
Appointment to View our Lovely Apartments**

**Save  
the  
Date**

**SUNDAY  
OCTOBER  
21  
2018**

**Fundraiser to Benefit Kinley Café Replacement of Tables and Chairs that are over 20+ years old and beyond further repairs. New tables will be self-leveling and new chairs will be more senior friendly and safe. The café continues to be the heart of the center where members gather to socialize, eat, and play cards and other games.**

**Plans for a Baked Steak Luncheon in the Café and an afternoon Bingo Fundraiser in the Ballroom are being organized. Volunteers, Sponsors, and Prizes are needed as well as attendees to these events.**

**Sign up at the front desk to volunteer.  
Tickets will be available at a later date.**



**Kathryn Michalik, left, has her hearing evaluation by John Dash, Jr. (seated at desk) and John Dash, Sr. (standing) as part of the Hearing Program presented at the center by Hearing Solutions, Inc. on July 26, 2018.**

The Harrison County Senior Citizen's Center, Inc. operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. To find out more about our nondiscrimination obligations or to file a complaint, please contact us at 304.623.6795.

**ADVERTISE  
WITH US!**

If you have questions about the newsletter or would like to purchase advertising space, please contact Beth Fitzgerald, Exec. Dir., or William O'Field, Board President, at 304.623.6795 or by email at [newsletter@hscswv.org](mailto:newsletter@hscswv.org)